

**Approximate Amounts to Plant to Provide a Family of 4 Enough Fresh  
Vegetables For the Growing Season and Perhaps Some to Save for the Winter**

<b>Vegetable</b>	<b>Amount to Plant</b>	<b>Notes</b>
Asparagus	10'	Perennial
Beets	10'	Spring and Fall Crop
Broccoli	5 Plants	Cool Season Crop
Brussels Sprouts	5 Plants	Cool Season Crop
Beans, Bush	15'	Succession Plant
Beans, Pole	3 Poles	Single Planting
Cabbage	5 Plants	Spring and Fall Crop
Carrots	10'	Succession Plant
Cauliflower	5 Plants	Spring and Fall Crop
Chard	5 Plants	Re-Grows after Harvesting Outer Leaves
Corn	15'	Succession Plant and Multiple Varieties
Cucumbers	2 hills	Single Planting
Greens	10'	Spring and Fall Crop
Kale	5 Plants	Single Planting
Lettuce, Leaf	10'	Succession Plant
Onions	5'	Single Planting
Peas	10'	Succession, Spring and Fall
Peppers	3 Plants	Single Planting
Radishes	5'	Succession Plant
Squash, Summer	2 Hills	Single Planting, Multiple Varieties
Tomatos	5 Plants	Single Planting, Multiple Varieties
Turnips	10'	Spring and Fall Crop

source:

<http://gardening.about.com/b/2012/02/15/how-much-should-you-plant.htm>

